

# DZIGAR KONGTRUL RINPOCHE

June 23-24, 2012

Saturday and Sunday: 10 AM-12 PM & 3-5 PM

## Ngulchu Thogme's THIRTY-SEVEN PRACTICES OF THE BODHISATTVA

The great sage Ngulchu Thogme gave a complete instruction for the bodhisattva's way of life in this pithy set of verses. The Thirty-Seven Practices is a distillation of Shantideva's Way of the Bodhisattva, one of the most revered texts in the Buddhist canon.

**Dzigar Kongtrül Rinpoche** was born into a noble Tibetan family. His father was the 3rd incarnation of the great tertön Chogyur Lingpa, and his mother was a great and renowned practitioner. At the age of nine, Rinpoche was recognized as an incarnation of Jamgon Kongtrül Lodro Thaye by Kyabje Dilgo Khyentse Rinpoche and the 16th Gyalwang Karmapa. Raised in a monastic environment, Rinpoche received the teachings of the Nyingma lineage from his root teacher, H.H. Dilgo Khyentse Rinpoche. Rinpoche also studied extensively under Tulku Urgyen Rinpoche, Nyöshul Khen Rinpoche, and Khenpo Rinchen. Rinpoche moved to the United States in 1989, taught Buddhist philosophy for five years at Naropa University, and founded Mangala Shri Bhuti, an organization for Buddhist studies and practice. He established a number of centers, including a mountain retreat center in southern Colorado, where he spends much of his time in retreat and guides his students in long-term retreat practice. When not in retreat, he travels widely, teaching throughout the world, and has authored several books.



"Teachings on the bodhisattva's way of life are among the most profound Buddhist teachings because they emphasize getting rid of our ego-clinging. We have a tremendous history of ego-clinging; we've been perpetuating the same habits over eons."

– Dzigar Kongtrul Rinpoche

*Dzigar Kongtul Rinpoche's  
teachings will be held at*

*Nalanda West*

Center for American Buddhism

3902 Woodland Park Avenue North  
Seattle, WA 98103  
www.nalandawest.org

### ■ SUGGESTED DONATION

\$130 general admission / \$108 Nalandabodhi members, seniors age 62+, and full-time students

Single talk available Saturday morning only at 10am: \$25 at the door

### ■ PRE-REGISTRATION ONLINE NOW:

General admission:

<http://www.nalandastore.com/ProductDetails.asp?ProductCode=Kongtrul-01>

Nalandabodhi members, seniors age 62+, full-time students:

<http://www.nalandastore.com/ProductDetails.asp?ProductCode=Kongtrul-02>

To contact us: [info@nalandawest.org](mailto:info@nalandawest.org)