

MAHAMUDRA RETREAT AUG 26 - 28, 2022

SESSION	BRASILIA	USA WEST	USA EAST	CIUDAD DE MEXICO	CHINA	CENTRAL EUROPE
FRIDAY 8/26						
Welcome	7:30PM - 8PM	3:30PM - 4PM	6:30PM - 7PM	5:30PM - 6PM	(Sat) 6:30AM - 7AM	(Sat) 12:30AM - 1AM
Acharya Lama Tenpa Gyaltsen Teaching 1	8PM - 9:30PM	4PM - 5:30PM	7PM - 8:30PM	6PM - 7:30PM	(Sat) 7AM - 8:30AM	(Sat) 1AM - 2:30AM
SATURDAY 8/27						
Acharya Lhakpa Tshering Talk & Guided Meditation 1	12PM - 1:30PM	8AM - 9:30AM	11AM - 12:30PM	10AM - 11:30AM	11PM - 12:30AM	5PM - 6:30PM
Acharya Lama Tenpa Gyaltsen Teaching 2	2:30PM - 4PM	10:30AM - 12PM	1:30PM - 3PM	12:30PM - 2PM	(Sun) 1:30AM - 3AM	7:30PM - 9PM
Acharya Lhakpa Tshering Talk & Guided Meditation 2	6PM - 7PM	2PM - 3PM	5PM - 6PM	4PM - 5PM	(Sun) 5AM - 6AM	11PM - 12PM
Acharya Lama Tenpa Gyaltsen Teaching 3	8PM - 9:30PM	4PM - 5:30PM	7PM - 8:30PM	6PM - 7:30PM	(Sun) 7AM - 8:30AM	(Sun) 1AM - 2:30AM
SUNDAY 8/28						
Acharya Lhakpa Tshering Talk & Guided Meditation 3	12PM - 1:30PM	8AM - 9:30AM	11AM - 12:30PM	10AM - 11:30AM	11PM - 12:30AM	5PM - 6:30PM
Acharya Lama Tenpa Gyaltsen Teaching 4	2:30PM - 4PM	10:30AM - 12PM	1:30PM - 3PM	12:30PM - 2PM	(Mon) 1:30AM - 3AM	7:30PM - 9PM