

32nd Treasury of Knowledge retreat, Jan 22-24, 2027 AYC and program information

LOCATION OF THE TEACHINGS: The in-person program will be held at the Ancient Yoga Center (www.ancientyogacenter-event.com/) at Radha Madhav Dham Ashram, a beautiful 230-acre hill country property about 30 min south of downtown Austin.

TRANSPORTATION: The Ancient Yoga Center is 30 minutes from the Austin-Bergstrom International Airport, and easily accessible through Uber. For directions: <https://www.ancientyogacenter-event.com/directions--transportation.html> **Please read the note on this site regarding entry for late arrivals if you arrive after 10:00pm.**

ACCOMMODATIONS: There are a variety of housing options at Radha Madhav Dham Ashram to accommodate your preference. On-site participants have a choice of a one, two or three person room with an attached (private) bath, or one, two or three person rooms with a shared bath just down the hall. If you live in the Austin area, there is also an option for commuting to the program from your home.

MEALS: Vegetarian meals are included with your registration, beginning with dinner on Friday night, and ending with lunch on Sunday. Gluten-free and vegan options are available for every meal, and the kitchen will make individual adjustments for any medical dietary restrictions. Non-vegetarian food is not allowed anywhere on the property.

COST:

Base Tuition (same for online and in-person): \$200

Room & Board: *(multiply cost by 2 for Fri + Sat)*

<u>ACCOMMODATIONS RATES – Per Person, Per night (includes meals*)</u>	
Rooms with shared common bath:	* Rates are per person, per night
3 people	\$115
2 people	\$130
1 person	\$140
Rooms with private attached bath:	
3 people	\$125
2 people	\$140
1 person	\$155
Commuter fee and meals	\$90

GUEST CHECK-IN for in-person participants is from 2:00pm – 6:00pm on Friday, Jan 23.

ACCESSIBILITY: The teachings will be on the 2nd floor and there is no elevator. For those with mobility challenges, there will be an area on the first floor where the teachings will be broadcast.

WHAT TO BRING: Meditation cushions & chairs will be provided. Regarding clothing, the weather in Texas is unpredictable, ranging from mild to cold in January. We suggest that you bring clothes

that can be layered to meet any weather condition. Bedding, pillow, towels, and a small bar of soap are provided for each overnight guest.

PROGRAM ETIQUETTE: Please remove your shoes before entering the Ancient Yoga Center (not just the meditation hall). The meditation hall is on the second floor of AYC, and there is only stair access, no elevators. For those with mobility issues, we will set up a monitor on the first floor for remote viewing. Please turn your cellphones off when you are in the meditation hall and maintain silence after entering. You may bring water into the conference room, but no food or open containers.

PRETRAVEL HEALTH GUIDELINES: a few suggestions to keep you healthy on your journey and during your stay:

Vaccinations – two weeks or more before departure:

- Covid and Flu boosters are recommended
- Pneumonia vax and RSV as appropriate for age and/or health condition

Illness precautions: *Feeling sick?* If you have any illness symptoms before traveling, get tested and don't travel if you have a positive test, or negative test results with fever and obvious symptoms.

Hydrate and rest. GI and urinary issues are common with travel, so eat light, drink extra water, and have electrolyte packets handy. Get extra sleep, which is important for a healthy immune system.

Personal health issues. Don't forget your medication! If you have telehealth service available through your doctor or insurance, have those numbers available. Dr. Jean Peters-Do will be available to give medical advice and guidance if you have any urgent issues come up.

CANCELLATION / REFUND POLICY for in-person participants:

Cancellation before January 12:

Prior to 10 days before the program, an in-person ticket may be switched to online at your request. You will receive a full refund of fees paid for room and board.

If you wish to cancel your in-person ticket before January 12 and do not want online access, you will receive a full refund for all fees paid minus \$20 cancellation fee to cover transaction fees.

Cancellation after January 12:

If your in-person cancellation occurs within the 10 days before the retreat starts, we will need to withhold your room & board fees paid because we are obligated to pay the venue at that time.

If you wish to cancel your in-person ticket after January 12 and don't want online access, you will receive a refund of the registration fee paid minus \$20 cancellation fee to cover transaction fees.