DRAFT SCHEDULE: TOK January 22-24, 2027 with Dzogchen Ponlop Rinpoche

Times are in Central Time (UTC-6)

FRIDAY, Jan 22

3:00 – 5:30	Registration / check-in (Ancient Yoga Center, 1st floor)
5:30 – 7:00	Dinner (Saffron Dining Hall in Lotus Hall)
7:00 – 7:15	Welcome & Orientation
7:15 – 7:30	Meditation (Ancient Yoga Center, 2nd floor SHRINE ROOM)
7:30 – 8:30	**DPR TEACHING #1 (opening talk)**

SATURDAY, Jan 23

8:00 – 9:15	Breakfast (Saffron Dining Hall in Lotus Hall)
9:15 – 10:00	**CHANTS / MEDITATION**
10:00 – 10:15	break
10:15 – 10:30	Meditation
10:30 – 12:00	**DPR TEACHING #2**
12:00 – 1:15	Lunch (Saffron Dining Hall in Lotus Hall)
1:15 – 2:00	break
2:00 – 3:15	**MEDITATION**
3:15 – 3:30	break
3:30 – 4:00	Meditation
4:00 – 5:30	**DPR TEACHING #3**
5:30 – 6:00	break
6:00 – 7:30	Dinner (Saffron Dining Hall in Lotus Hall)

SUNDAY, Jan 24

8:00 – 9:15	Breakfast (Saffron Dining Hall in Lotus Hall)
9:15 – 10:00	**CHANTS / MEDITATION**
10:00 – 10:15	break
10:15 – 10:30	Meditation
10:30 – 12:00	**DPR TEACHING #4 (closing talk)**
12:00 – 1:15	Lunch (Saffron Dining Hall in Lotus Hall)
6:30	Dinner w/ DPR for those staying Sunday night *(location TBD)*